

ARDEER PRIMARY SCHOOL NEWSLETTER

THE PURPLE PULSE

CONTACT US

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March 14th, 2024

Key Dates

Colour Explosion
Thursday 21st March -10AM-
10:50AM

Harmony Day
Wednesday 27th March

Last day Term 1
Thursday 28th March (2:15pm
dismissal)- Out of school uniform

First day Term 2
Monday 15th April

Mother's Day Stall
Friday 10th May

School Photos
Wednesday 15TH May

Maths Family Night
Monday 20th May
5:30PM- 6:30PM

ANZAC Day Public Holiday
(No school)
Thursday 25th April

Curriculum Day (Pupil Free Day)
Friday 7th June

King's Birthday Public Holiday
Monday 10th June

PRINCIPAL'S MESSAGE

Dear Families,

I hope you are all keeping well.

As we approach the final weeks of the first term, it is important to reflect on the incredible work that staff and students have achieved over this short period of time.

I know firsthand that all have been working incredibly hard over the past 7 weeks, with staff reporting positive learning outcomes across the school, amidst what has been a very busy first term.

These positive learning outcomes do not occur by accident, this is due to a range of factors including staff's commitment to maximizing student potential, capacity to motivate students by planning engaging sequences of learning and through their own commitment to constantly improving their own teaching practices.

We seek to build a supportive school culture here at Ardeer Primary School, one that is underpinned by high expectations for staff, students and families alike. Staff model their commitment to ongoing school and individual improvement, and it is through these exemplary behaviours and actions that makes all of our staff wonderful role models for our students.

I would also like to thank all families for your ongoing support in helping us to achieve our ongoing goal of ensuring the highest possible wellbeing and learning outcomes for every student, every day.

I look forward to seeing you all in and around the school.



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ASSISTANT PRINCIPAL UPDATE

Dear Families,

As we fast approach the end of term

Swimming Program

The Grade 3/ 4, 4/ 5 and 5/ 6 students have been participating in the swimming program for the last two weeks. I have been so impressed with the behaviour of our students and how they have been demonstrating our school values of Respect, Responsibility and Safety. The swimming instructors have been full of praise and always look forward to teaching our students.

NAPLAN

NAPLAN standardised assessments for students in Grade 3 and 5 will continue in Week 8. All remaining assessments are completed on a computer and supervised by either Arife Halil or myself. Just another quick reminder that students need to have a pair of headphones to use – these are provided to students upon enrolment when they purchase the headphones and replacements are available at the office for the price of \$8 if needed.

Camp

Grade 3- 6 camp this year will be to Lady Northcote and will take place from 23rd October to 25th October. Final costs will be determined largely by the number of students attending. In the next week, there will be an expression of interest form being sent home with a \$50 non-refundable deposit required to secure your child's place at camp this year. This will be due early in Term 2. If you have any questions about camp, please don't hesitate to contact me.

Christopher O'Brien

Assistant Principal

SCHOLASTIC BOOK CLUB

Issue 2 of the Scholastic Book Club was recently distributed through the classrooms. Orders online or through the school office close Tuesday 18th March.



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END OF TERM 1 – EARLY DISMISSAL AND OUT OF SCHOOL UNIFORM DAY

A reminder that **Thursday 28th March** will be the last day of term 1. Students will be dismissed at the earlier time of 2:15PM. We please ask that families make suitable arrangements for the collection of students at this earlier time. The TheirCare OSHC program will be operating at the earlier time of **2:15PM** if families require care for their children.

This will also be an out of school uniform day. Students that attend school out of school uniform are asked to please bring along a gold coin donation. All money raised will be donated to the Royal Children's Hospital Good Friday Appeal.

COLOUR EXPLOSION 2024

We only have one week to go before our Colour Explosion Fun Run!!

We are so close to reaching our target of \$3000. Fundraising will close next Thursday. If you haven't registered your child online, there is still time!!

A reminder that for every \$10 raised = 1 ticket that goes into the draw to be the lucky person that gets to slime Mr. O'Brien on the day.

A reminder that the Colour Explosion fun run event will take place in the morning on Thursday May 21st 2024 at 10AM. All students who wish to participate in the event must bring along a white shirt in order to participate.

If you are able to volunteer to help out on the day, please contact John Mifsud at the school, all volunteers are required to have a valid Working With Children Check.



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2024 SWIMMING PROGRAM GRADE 3/4 , 4/5 & 5/6



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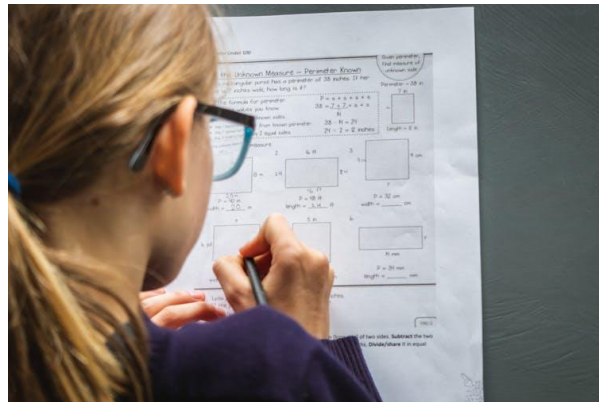
NUMERACY TIPS

Maths anxiety and helping your child with tests such as NAPLAN

What is maths anxiety?

Maths anxiety is the feeling of tension and worry that interferes with a person's ability to solve mathematical problems. Researchers consider maths anxiety to be distinct from general anxiety, or test anxiety, though there is some crossover.

Maths anxiety usually develops as a result of poor experiences with maths, which leads to negative thought patterns about your maths potential. These thoughts can manifest in an avoidance of maths and feelings of helplessness when confronted with tests.



Maths anxiety usually develops after a bad experience with maths. Greg Rosenke/Unsplash

Maths anxiety is a common issue for many young people and adults and can be seen in children as young as five.

According to Stanford University mathematics education professor Jo Boaler, as of 2012, up to 50% of adults had maths anxiety. The Victorian Department of Education suggests rates are lower, at between six and 17%. However, the average rate in academic studies tends to be approximately 20%.

That means there are thousands of children who will be dreading the upcoming NAPLAN numeracy test.

So, what can a parent do to help their anxious child achieve their best in the NAPLAN numeracy test and other maths exams? Here are three practical things you can do right away and into the future:

1. Focus on successes to build confidence



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Most children want to be good at maths. If they are younger, they will likely understand this is something their teachers and parents think is important. If they are older, they will know it is important for future jobs and careers.

One of the key sources of maths anxiety is despite wanting to be good at maths, students have received consistently negative feedback about their ability. This may just be by comparing themselves to others or more formally through poor results.



Take out old worksheets or tests from previous grades to build confidence. Annie Spratt/Unsplash

To reduce anxiety, it is important to focus on the positive, showing your child times where they have had success in maths. Experiences of success are vital in paving the way to further success in maths.

A practical way to demonstrate success is by getting the child to do an old worksheet, even as far back as two years ago. Students in years 5 and above could do a previous NAPLAN test at a lower level. This shows them how they have progressed.

After completing the sheet, focus on areas of strength – such as “you got all the long divisions correct!” – to help build confidence. This experience of success can be used as a base to then tackle more complicated tasks.

2. Avoid ‘NAPLAN overload’

Anxiety about NAPLAN and any other assessments can be exacerbated by over-emphasising its importance in the build up. A more constructive approach is to reassure your child there is no judgement in how they perform.

Currently, most schools are working hard to prepare students for NAPLAN and discussions about the test are regularly taking place. Because of this, it can be easy for children with maths anxiety to get “NAPLAN overload”. At home, it is useful to limit your discussion of the upcoming tests to times where the child is doing work to prepare for it.



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We recommend trying to make the day an exciting one, rather than a terrifying one. For example, you might have a special NAPLAN breakfast on the day of the test.

3. Work alongside your child

During COVID many families felt the strain taking a hands-on role with their children's education (who did not take kindly to mum or dad suddenly becoming their "teacher"). So parents may be tempted to leave their children alone to study or do homework. But this won't help relieve maths anxiety.

A more beneficial approach is for parents to study alongside younger children, and show interest in the work older children are completing. Teenagers may not be open to help when you offer the first time but make it clear that you're there if they need you and you aren't seeking to judge them.



Show interest in what your teenagers are doing in maths. Shutterstock
This approach shows the child their parent is engaged with their work and positive about their ability to learn.

It cannot be underestimated how much a parents' approach to learning maths influences their child's approach. Try and have positive conversations with your child about maths and how we use it everyday. This can help dispel negative attitudes, such as children thinking, "this is too hard and is just something I need to do at school". You might want to use maths to work through a "best buy" at the supermarket or use length and area to determine how to arrange the furniture in a room.

As the test day nears, families should not have to stress out about NAPLAN. Preparation focused on celebrating successes and positive experiences can encourage students to simply do their best.



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Helping your child work out difficult words

When your child begins to read to you, they will often have difficulty with long or tricky words. The following strategies will help them develop self-correcting skills and assist with their understanding of the text.

It is important to give your child time to work out difficult words themselves, because children can often self-correct if given the time.

They read more slowly than we do and need the time to work it out. Let the child persist a little, prompt by giving a hint such as “what is the first sound in that word?”

Questions to help prompt may include:

- Let’s look at the word. What letter (or letters) does the word start with? What sound does that letter (or letters) make?
- What letters are in the middle of the word? What sound do these letters make?
- What letter (or letters) does the word end with? What sound does that letter (or letters) make?
- Can we put those sounds together to work out a word?
- Look at the picture. What object can you see in the picture that might start with that letter?
 - What do you think this word might mean? What is another way of saying that? If the above prompts are not working, you can simply say:

“The word is...”.

An important aspect of learning to read is praising children’s repeated attempts. Praise can be specific, for example, “Well done on re-reading that sentence, you worked out that word by yourself” or general praise such as “You are trying really hard, well done.”



Another good strategy is to ask your child how they worked out the word. This helps reinforce reading strategies they learn from you and from school.



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CHILD SAFE STANDARDS



School Wide Positive Behaviour Support

Focus: Respect

Setting: Indoors

At Ardeer Primary School, students have been focusing on demonstrating respect in the indoor setting. This includes the office area, corridor, specialist rooms and library.

Staff have been working on teaching the value of respect by creating lessons targeted at this focus area.

Staff model consistent language, so that each of the students, throughout the entire school, are able to understand the expectation.

The language staff use to reinforce respect indoors is taken directly from the Ardeer PS Matrix and is as follows.

We show respect by:

Moving quietly through shared spaces

Using kind words

Encouraging each other

Waiting patiently for our turn



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Victoria University Secondary College

Open House

Monday 22nd April 2024

Morning Campus Tours

Tour 1: 9:30 am

Tour 2: 10:40 am

6:00pm **Welcome and Information**

6:15pm **Presentation by College Principal**

6:30pm **Interactive Tours**



Held at Junior Campus, Deer Park

Additional Tours available by appointment

Junior Campus P 03 9363 1155
88 Billingham Rd, Deer Park VIC 3023

Senior Campus P 03 8312 0200
43 Ken Jordan Rd, Cairnlea VIC 3023

www.vusc.vic.edu.au



Create The Future



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HARMONY DAY 2024



Celebrating Our Cultural Diversity
27TH MARCH 2024



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ARDEER
PRIMARY
SCHOOL

ARE YOU READY
FOR A

*Colour
Explosion?*

21.3.24



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GIRL SOCCER PLAYERS



JOIN US IN 2024

Sunshine Heights JSC is calling for expressions of interest from Girl players from U8 - U14 to join our family friendly club.

If you are keen to join us, please join us for training on **Tuesdays and Thursdays** at Castley Reserve Sunshine West, **5:30-6:30pm** or email us at theclub@sunshineheightsjsc.com.au



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GET CONNECTED



Please follow us on Instagram

Ardeer.PS



All families were sent letters with their own unique code. Please download the Compass app and connect ASAP. Important reminders, updates, letters, notes etc. will be circulated via this platform throughout 2022. Please contact the office if you require a new sign in.



All families should now be connected to their child's 2022 class. This is a wonderful platform to see your child's learning progression as you connect with their learning portfolio. If you have not connected and require a new sign in code, please see your child's teacher ASAP.



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DO YOU LOVE TO SWIM?



Come join us!

- Family Friendly
- Inclusive and Supportive
- Swimming Development
- Fun and Competitive
- Tailored Programs

We would love to hear from you
<https://swimland.swimming.org.au>

secretary@swimlandswimclub.com

WHAT MAKES PAUL SADLER SWIMLAND DIFFERENT TO OTHER SWIM SCHOOLS?

AT PAUL SADLER SWIMLAND SURVIVAL SKILLS ARE THE FOUNDATION OF OUR LEARN TO SWIM PROGRAM

PLACES
FILL QUICKLY
BOOK YOUR
CLASS
TODAY!



**ZERO
DROWN**
TOLL IS OUR GOAL!

AT PAUL SADLER SWIMLAND WE TEACH SURVIVAL SKILLS AT EVERY LEVEL:
10 minutes per class is spent in deep water, where we teach treading water, deep water recovery (safety circle) and mobility on both front and back until children have achieved 2 minutes treading water.

**LEARN FROM
THE SURVIVAL
SPECIALISTS**



SCAN & BOOK

Paul Sadler Swimland Braybrook
67 Damley Street, Braybrook
(03) 9311 7459
braybrook@paulsadlerswimland.com
paulsadlerswimland.com.au



Est. 1972
Paul Sadler Swimland
...Small Successes, Proudest Moments



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five tuition

- Person-centered** > Five Tuition complements school-based approaches by providing personalised help for each student.
- Values-driven** > Humility, Helpfulness, Honesty, Hope and Honour – these FIVE values drive everything we do at Five Tuition.
- Impact-focused** > We focus on impact because we take our mission of helping students thrive in school and life seriously.
- Evidence-based** > Everything we do is informed by academic literature, learning theories and careful consideration of the evidence.
- Inclusivity-embracing** > We believe everyone should be entitled to a person-centered, values-driven, impact-focused, and evidence-based approach to learning.

DERRIMUT

Opposite Derrimut Village Shopping Centre

Level 1 Suite 20 1-11 Elgar Rd
Derrimut, Victoria 3030

WILLIAMS LANDING

Williams Landing Shopping Centre

Level 1 Suite 4, 100 Overton Road
Williams Landing, Victoria 3027

OUR WEBSITE:

<https://www.fivetuition.com.au>

Please call 0477 690 323 or email hello@fivetuition.com.au

five tuition

At Five Tuition, we believe learning happens most naturally and effectively when someone you respect sits humbly beside you, helps you with something, speaks honestly to you, has hope for you, and honours their commitment to bring about positive changes for you – in school and life.

Everything we do at Five Tuition supports that learning process. It sounds simple because learning is simple! Learning doesn't require complex programmes, a detailed curriculum, or the latest technology – as helpful as they might be. Learning simply requires someone with the competence to teach, the character to model, and the commitment to pass on their knowledge.

We recruit and train the nicest, brightest, and most talented university students living in Melbourne's West. All our tutors have attained exceptional VCE scores, have a heart for younger people and a passion to share their knowledge, skills, and experiences with others.

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